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- the most technical & least accessible to vehicles.
- If you're doing this, your sag needs are probably less than most riders. At minimum, sag at Westwater, Dewey Bridge & Rock Castle.
- Needless to say, this is a dangerous undertaking. You'd better know what you're doing.

Gear

Vehicle supported:

- What you'll need:
 - A good friend with a good vehicle, preferably 4wd. It'll have to carry all the rider's camping & resupply gear for the duration with few opportunities to run to town, which can be up to 2 hours away. Most resupply areas can be easily accessed by a 2wd vehicle, while some require at the minimum high clearance to drive into. **Be sure to read the notes before each section on vehicle accessibility.**
 - Camping gear adequate for the season. Don't forget a **shade tarp** if it's hot.
 - Lots of **sunscreen**, especially thru the mountains (altitude). Sunburn is a 1st degree burn and usually means dehydration.
 - Large water carriers - count on being able to fill water containers only once per day, **2-3 gallons per day/rider** total is a good rule of thumb, more if it's hot out or you're a messy cook. Don't forget to add for camp showers.
 - A good bike repair kit with a few spare parts - tubes, a spare tire, a chain, a few spokes, something to clean your drivetrain to name a few.



- A tuned bike - this is a tough ride! Your bike needs to be prepared for a good 24 hours of riding, so check your brake pads, tire tread, wheel true etc.
- Maps: These are important for the driver as well as the rider - it's a good idea for everyone to have the same set of maps to coordinate meeting points. Drivers may want the DeLorme Atlas books for Utah & Colorado also, but they're not necessary. Separate copies of this guide would be more useful.
- What you'll want:
 - A camp shower - these are a real comfort at the end of a long day. Plan enough extra water to fill them. An average camp shower uses at least a gallon.
 - A cold beer - this is a nice bonus if you have cooler space & ice. Remember alcohol is a powerful diuretic, so drink lots & lots of water if you plan on imbibing.



Shelves & steps

- Chamois lube - expect to chafe your "parts" if your chamois bike shorts are dry. Vaseline or Bag Balm work fine & can be a godsend. You'll wish you had some by day three.
- A camera. Photo ops wait around every turn. Ideally something that fits in your jersey pocket for easy access.
- Camp chair - after a long ride, it's the simple pleasures in life that really matter...

Self-Supported

You'll either need to devise a way to carry all your camping & riding gear with you or carry your camping gear & cache the resupply. Obviously one's simpler than the other, it's also more work on the bike. Expect to spend some serious time planning your itinerary & resupply points as a mistake could be serious. Be honest - how far can you travel per day realistically? Safely? Leave yourself a comfortable margin of error.

- What you'll need:
 - Some serious panniers & racks or a bike trailer to haul gear & water.
- What you'll want:
 - ultralite camping gear - sleeping bag, cook stove,



Expect the extra weight to cut your average speed & daily range by **at least 30%**. Expect your water & food needs to jump by that same amount. Expect to suffer thru the technical sections.

Skirting yet another rim